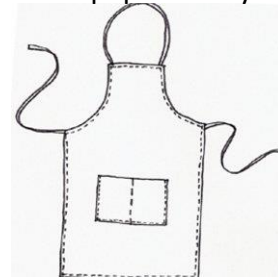


Mid Term (Apron) Directions

Student Name: _____

Read and follow all directions. Utilize your resources and ask peers for assistance. Help your peers as often as possible. The goals of this mid-term are for me to see how much information you have retained so far and how much you are able to do on your own. Check off these steps as you go to help you (and me) see how much progress you have made. At various points you will be required to get Dr. Deaton's signature before you proceed. Have this paper with you and ready for her to sign when you get to these critical check points.

Preparing/Pinning/Cutting



___ Cut out your pattern.

___ Iron your fabric so it is free of wrinkles.

___ Pin your pattern to your fabric. Remember to use the symbols on the pattern to help you pin. Save as much of your fabric as possible to allow for a pocket and/or ruffle if you want to include those at a later point.

___ Raise your hand and have Dr. Deaton come check your pinning BEFORE you start cutting.

___ Deaton Signature: _____

___ Cut out your fabric.

Prepping and Sewing: SIDES of APRON

___ Using a seam gauge and pins, pin the straight sides of your apron under $\frac{1}{2}$ inch. You should be pinning the fabric TOWARD the wrong side of the fabric. Clarification: Put the RIGHT side of the fabric down on the table and turn the fabric under $\frac{1}{2}$ inch, pinning as you go.

___ Raise your hand and have Dr. Deaton come check your pinning BEFORE you press this.

___ Deaton Signature: _____

___ Press your seam down, taking out pins as you go so that you don't melt the pin heads. 😊

___ Repeat this process. Yes, repeat this! Turn the side you just ironed under another $\frac{1}{2}$ inch. This will HIDE the ugly edges of your fabric, creating an enclosed seam much like a French seam. We do this to both sides of the apron and will do this on other areas of the apron as well.

You're making great progress!!

Keep up the great work!

___ Once you have your sides turned and pinned under, have Dr. Deaton come check your pinning one more time.

___ Deaton Signature: _____

___ Now you are ready to sew! Sew both sides of your bodice, catching the edge of the fold. Be sure to backtack at the beginning and the end.

___ Press this really well, then let Dr. Deaton come check your work.

___ Deaton Signature: _____

Prepping and Sewing: ARM HOLES of APRON

___ Using a seam gauge and pins, pin the arm holes of your apron under $\frac{1}{2}$ inch. You should be pinning the fabric TOWARD the wrong side of the fabric. Clarification: Put the RIGHT side of the fabric down on the table and turn the fabric under $\frac{1}{2}$ inch, pinning as you go.

___ Raise your hand and have Dr. Deaton come check your pinning BEFORE you press this.

___ Deaton Signature: _____

___ Press your seam down, taking out pins as you go so that you don't melt the pin heads. 😊

___ Repeat this process. Yes, repeat this! Turn the sides you just ironed under another $\frac{1}{2}$ inch. This will HIDE the ugly edges of your fabric, creating an enclosed seam much like a French seam. We do this to both arm holes of the apron like we did on the sides.

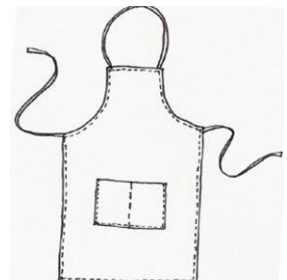
___ Once you have your arm holes turned and pinned under, have Dr. Deaton come check your pinning one more time.

___ Deaton Signature: _____

___ Now you are ready to sew! Carefully sew both arm holes, slowly turning with the curve and being careful not to create folds in the garment. Catch the edge of the fold like you did previously and be sure to backtack at the beginning and the end.

___ Press this really well, then let Dr. Deaton come check your work.

___ Deaton Signature: _____



You're making great progress!!

Keep up the great work!

Prepping and Sewing: TOP of APRON

___ Using a seam gauge and pins, pin the top (bib) of your apron under $\frac{1}{2}$ inch. You should be pinning the fabric TOWARD the wrong side of the fabric. Clarification: Put the RIGHT side of the fabric down on the table and turn the fabric under $\frac{1}{2}$ inch, pinning as you go.

___ Raise your hand and have Dr. Deaton come check your pinning BEFORE you press this.

___ Deaton Signature: _____

___ Press your seam down, taking out pins as you go so that you don't melt the pin heads. 😊

___ Repeat this process. Yes, repeat this! Turn the side you just ironed under another $\frac{1}{2}$ inch. This will HIDE the ugly edges of your fabric, creating an enclosed seam much like a French seam. This is just like we did on the sides and arm holes of the apron.

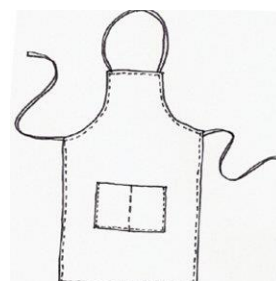
___ Once you have the top (bib) turned and pinned under, have Dr. Deaton come check your pinning one more time.

___ Deaton Signature: _____

___ Now you are ready to sew! Sew the top (bib) of your apron, catching the edge of the fold. Be sure to backtack at the beginning and the end.

___ Press this really well, then let Dr. Deaton come check your work.

___ Deaton Signature: _____



Prepping and Sewing: HEM of APRON

___ Using a seam gauge and pins, pin the bottom (hem) of your apron under $\frac{1}{2}$ inch. You should be pinning the fabric TOWARD the wrong side of the fabric. Clarification: Put the RIGHT side of the fabric down on the table and turn the fabric under $\frac{1}{2}$ inch, pinning as you go.

___ Raise your hand and have Dr. Deaton come check your pinning BEFORE you sew this.

___ Deaton Signature: _____

___ Now you are ready to sew! Sew the bottom (hem) of your apron. This time, when you sew, carefully catching the raw edge of your fabric, not the fold. Be sure to backtack at the beginning and the end.

You're making great progress!!

Keep up the great work!

___ Using the mannequin as a guide, pin your apron to “Bertha” and see how long you want your apron to be. Once you have a good idea, take the apron off of “Bertha” and go to a table to work on measuring and hemming.

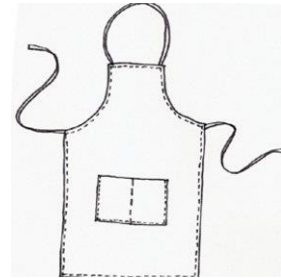
___ Using your seam gauge, pin the hem up the appropriate amount (whatever amount you want). Be sure to hemming up the same amount all across the bottom so that your apron hem is not “wonky”. 😊

___ Pin this really well, then let Dr. Deaton come check your work.

___ Deaton Signature: _____

___ Now you’re ready to HAND SEW! What seam will you use?

Circle one: Hemming stitch Catch stitch Slip stitch



___ Once you’ve finished your hand stitching, have Dr. Deaton check your work. NOTE: This is something that can be done at home. If you need to move to the next skill which will require a sewing machine, go ahead and do that, just know this needs to be completed.

Prepping and Sewing: TIES

___ You will be making THREE ties: One LONG one for the top (bib) of the apron, and two medium length ties for the sides. Take ONE of the ties you cut out and pin its end (the small end) to another tie’s end.

___ Before you sew these together, let Dr. Deaton check your work.

___ Deaton Signature: _____

___ Sew these two ends together on a 5/8” seam allowance.

___ Press this seam OPEN.

___ Fold your now VERY LONG tie in the middle lengthwise (like a hot dog) and use the nose of the iron to press this seam. This is going to be very long. We will trim it once we determine how long it needs to be. This is the LONG tie that is going to go around your neck at the top of the bib of your apron. It will all make sense. Trust the process. 😊

___ Have Dr. Deaton come check your pressing and she will walk you through how to fold and press the rest of the sides. *Remember this process because this is how you will press and sew your two SIDE ties as well.

___ Deaton Signature: _____

You’re making great progress!!

Keep up the great work!

___ Now you're ready to sew the pressed sides of your tie together. Sew right along the edge of your folds, catching both sides as you sew. Of course, backtack at the beginning and the end.

___ Here comes "Bertha"! Put your apron on our mannequin and adjust this long tie to the length you think you will need. Remember that it needs to be long enough to go OVER your head. Pin the tie in place, then have Dr. Deaton check out your work.

___ Deaton Signature: _____

___ Trim your tie to the appropriate length after you have added ONE inch to your measurement. When you trim your tie, make sure the SEAM you sewed in is in the MIDDLE of your tie. We don't want that seam to be on the side, but rather at the base of your neck. ****PLEASE STOP AND ASK IF YOU ARE CONFUSED ABOUT THIS****

___ Turn one end of your tie under 1/4" and press. Do this again: turning that edge up 1/4" and pressing it. Have Dr. Deaton check your pressing.

___ Deaton Signature: _____

___ Sew your pressed end down, sewing as close to the fold as possible. Backtack across this entire seam as it is very narrow and we do not want this to come undone.

___ Do these same steps on the other end of your tie: turning the end under 1/4" and pressing, then doing that again. I trust you can do this and sew this end down as well, following the above directions.

___ Pin your neck tie on in place. The ends of your tie should line up with the right angles of the top of your bib of your apron. Be sure your tie is not turned around. Once it is pinned in place, have Dr. Deaton check your work.

___ Deaton Signature: _____

___ You are ready to sew this on! Match up the stitching lines you have already created, and sew these ends on, stitching on the same stitching lines previously created as you made the bib of the apron. Because this is a short and critical stitch, backtack the entire length after you have sewn the end on. Repeat this process for the other side of the tie.

****PLEASE STOP AND ASK IF YOU ARE CONFUSED ABOUT THIS****

___ Now that you have created the neck tie, you will follow the same steps to create your two side ties. These ties will go on the sides of your apron.

___ For each individual tie: fold the tie in the middle lengthwise (like a hot dog) and use the nose of the iron to press this seam.

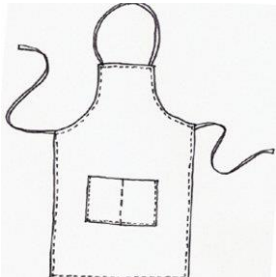
You're making great progress!!

Keep up the great work!

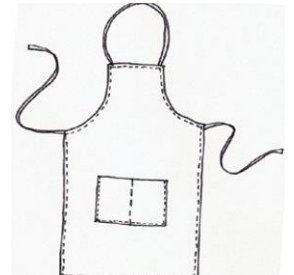
- ___ Remember how Dr. Deaton showed you to press and sew your neck tie together? Do that! Do that for both ties.
- ___ Turn one end of your tie under $\frac{1}{4}$ " and press. Do this again: turning that edge up $\frac{1}{4}$ " and pressing it. Do this for all FOUR ends. (2 ties X 2 ends = 4 ends) Have Dr. Deaton check your pressing.
- ___ Deaton Signature: _____
- ___ Sew your pressed ends down, sewing as close to the fold as possible. Backtack across this entire seam as it is very narrow and we do not want this to come undone. Do this for all four ends.
- ___ Pin your ties on in place. The ends of your tie should line up under the arm hole. When you pin these on, be sure to pin them so they are the same: meaning if the SEAM is up on the right tie, it should be UP on the left tie. Also, be sure to pin them on the same distance into the apron. You don't want one tie to be 3" shorter than the other once you have sewn them on. They should be the same length when you have pinned them in place. Once both ties pinned in place, have Dr. Deaton check your work.
- ___ Deaton Signature: _____
- ___ You are ready to sew your ties! Match up the stitching lines you have already created, and sew these ends on, stitching on the same stitching lines previously created as you made the sides of the apron. Because this is a short and critical stitch, backtack the entire length after you have sewn the end on. Repeat this process for the other side of the tie. ****PLEASE STOP AND ASK IF YOU ARE CONFUSED ABOUT THIS****

Congratulations!

*You have followed step-by-step directions and
have made your first apron!!*



Press your apron one more time (use starch if you like)



and pin your rubric to your apron to prepare to turn this in. Great work!!

You're making great progress!!

Keep up the great work!